**Prawn Bhuna**

**Bhuna**

* 2 Teaspoons of Rapeseed Oil
* 3 Cloves of Garlic
* A Piece of Ginger
* 1 White Onion
* ½ a Red Pepper
* 2 Round Tomatoes (No Pulp)
* 1 tbsp of Tomato Purée
* 150ml of Water
* 150ml of Passata or Chopped Tomatoes
* Fresh Coriander
* Raw Prawns

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* 2 tsp of Garam Masala
* 2 tsp of Coriander
* 1 tsp of Cumin
* 1 tsp of Chilli Powder
* 1 tsp of Turmeric